



Trip: Poon Hill Ghandruk Loop Trek

Url: <https://www.megaadventuresintl.com/trip/poon-hill-ghandruk-loop-trek/>

Overview

Poon hill Ghandruk Loop Trek is one of the best short trek of Nepal, which offers the breathtaking views of high mountains from Poonhill such as Mt. Annapurna (8091m) Mt. Dhaulagiri (8,167m) and many more snow covered peaks. Settlement of Gurung and Magar community. Ghandruk the traditional Gurung Village, the home land of Gurkhas, offer the unique culture and mesmerizing view of Mt. fishtail (6993m). Poonhill Ghorepani Trek offers Big Rhododendron forest entire the whole route is the home of more than 60 different species of rhododendron, different colorful butterfly and birds. Beside this Pokhara city and its Natural, historical and religious place are also the attraction of this trip. If you have one more extra day you can also visit Sarangkot, and enjoy the world famous paragliding.

Settlement of Gurung and Magar community. Ghandruk the traditional Gurung Village, the home land of Gurkhas, offer the unique culture and mesmerizing view of Mt. fishtail (6993m). Poonhill Ghorepani Trek offers Big Rhododendron forest entire the whole route is the home of more than 60 different species of rhododendron, different colorful butterfly and birds. Beside this Pokhara city and its Natural, historical and religious place are also the attraction of this trip. If you have one more extra day you can also visit Sarangkot, and enjoy the world famous paragliding.

Highlights of the trek

- Massif Annapurna Mountains range with some of the world's highest Mountains.
- Mt. Dhaulagiri (8,167 m), Mt. Manaslu (8,156 m) Mt. Annapurna (8,091m).
- Huge and colorful Rhododendron forest.
- Different colorful butterfly and birds.
- Unique and rich culture of different indigenous group such as Magar, Gurung and Thakali.
- Legendary Gorkha's home village.
- Welcoming locals and mesmerizing landscape.

Arrival City Kathmandu

Departure City Kathmandu

Price Per Person

\$550.00

Duration 10

days

Trekking Days 05

days

Difficulty Easy-Medium

Max Elevation 3210m/10531ft

Primary Activities

Trekking & Sightseeing

Trip Route

Kathmandu, Pokhara, Ghorepani, Poon Hill, Ghandruk

Includes

- Airport arrival departure.
- Normal nice hotel accommodation in Kathmandu – 3 nights – twin share basis in BB Plan.
- All necessary land transport as per the itinerary.
- Tea house trekking with Breakfast, Lunch, Dinner and accommodation.
- Water purification liquid during trekking.

- 1 night hotel in Pokhara in normal nice hotel in BB Plan.
- Porter to carry the luggage and his salary.
- Trekking permit.
- Annapurna Conservation area Project (Acap) permits.
- First aid kit.
- Farewell dinner.
- City tour guide, permit and transportation in Kathmandu.
- Insurance for Nepali staffs.

Excludes

- Lunch and dinner in Kathmandu and Pokhara
- Drinking water, Beverages and alcoholic drinks
- Emergency medical evacuation
- Tips for staffs
- Personal expenses and extra services beyond itinerary

Itinerary

- Day 01: Arrival in Kathmandu and transfer to hotel.
Our staffs will be at airport to pick up you to the Hotel. Introduction with guide and short briefing about the trek.
- Day 02: Drive to Pokhara to Birethanti (1,025 m)
Early in the morning drive to Pokhara by tourist bus. It takes around 7 hours from Kathmandu to Pokhara. Same day drive to Birethanti on private van. Birethanti is the commence point of your trek.
- Day 03: Trek to Ulleri (1,960 m)
Wake up around 6 am in the morning. After breakfast prepare your baggage and ready to move. It takes around 5 hours to reach Ulleri. Lunch will arrange on the way
- Day 04: Trek to Ghorepani (2,860 m)
Wake up around 7 am in the morning. Have your breakfast and ready to move towards Ghorepani. It takes around 4 hours to reach Ulleri. Lunch will arrange on the way. After dinner our guide will give you the wake up time for next morning
- Day 05: Early in the morning Hike to Poonhill (3,210 m) and trek to Tadapani (2,630 m)
Wake up early in the morning and ready to move Poonhill. It takes around 1 hour to reach the top of the Poonhill, which offers the breathtaking view of Mt. Dhaulagiri (8,167 m), Mt. Manaslu (8,156 m) Mt. Annapurna (8,091 m) and many more snow covered mountains. It is also the best place for sunrise view, which changes the shining silver mountains into golden. After spending around 1 hour in Poonhill descent down to Ghorepani. Have your breakfast and start to trek towards Tadapani
- Day 06: Trek to Ghandruk (1,940 m)
Ghandruk is the typical Gurung village with thatched roof made of up rock. It is the village of Great Gorkha soldiers. It takes around 3 hours to reach Ghandruk. Ghandruk offers the nice view Mt. Fishtail (6,993 m).
- Day 07: Trek to Saulibazar and drive to Pokhara (820 m)
Today is the last day of the trek. After Breakfast descend down to Saulibazar and drive to Pokhara. Enjoy your free time in Lakeside Pokhara in the evening.
- Day 08: Drive back to Kathmandu.
Early in the morning process to tourist bus park/ private and drive back to Kathmandu.
- Day 09: Rest day in Kathmandu, have city tour.
In the morning after having breakfast we begin tour around Kathmandu with professional

English speaking guide. During the day you will cover some of the historical and religious, world heritage sites like;

Swoyambhunath –“the Self Existing One’. The oldest Buddhist stupa of Nepal situated in the small hill, from where you can see the nice view of Kathmandu valley. Historian believes that it is the oldest history of Kathmandu. No sooner you enter the periphery of Swoyambhunath you will see the monks, chanting religious words and monkeys chattering and hanging around the different temple and trees. It is also known as monkey temple, especially given by the tourist.

Boudhdha nath Stupa: the ancient stupa of Boudhnath is one of the biggest Buddhist stupa of Nepal, situated in the northern part of Kathmandu valley, which is one of the trading routes of Nepal with Tibet in ancient time. Tibetan merchants used to take rest and offers praying in this place during their trading time. Later when Tibetan refugees enter Nepal in 1950s, most of them decided to stay around the same place. Even now most of the monk in Boudhanath is from Tibet. Around the stupa you can see some Buddhist painting school of traditional paints “Thanka”.

Pashupatinath Temple: Pashupatinath the national deity of Nepal is one of the most significant Hindu temples of Lord Shiva in the world, located on the banks of the Bagmati River in the eastern part of Kathmandu. The word Pashupatinath is derived from three Sanskrit words: “pashu” means organism, “pati” means protector, and “nath” means Lord. Hence in Hindu mythology Pashupatinath means protector and Lord of all living things. The bank of Bagmati River is the cremation center of Hindu dead body. Where you can see the cremation process of Hindu people. Beside this you can see the color full sadhu ‘the holy devotee of Lord Shiva’ around the periphery of temple.

- Day 10: Finally departure from Kathmandu
Your guide will visit you in the hotel for your farewell. We will provide you car for airport drop.

Testimonials

They were reliable, timely, organized and above all fun!

My experience with **Mega Adventures** could not have been any better! When I arrived in Kathmandu, I was warmly received by a member of the staff who, after dropping my bags off at the hotel, kindly led me around the city. After spending a few days exploring that wonderful city and meeting my climbing guide, we flew out to Lukla to begin our trek. Our goal was to summit Island Peak with a stop at Everest base camp along the way for acclimatization. Throughout the trek, my guide and porter were incredibly supportive and engaging and taught me so much about the region and culture. Although we ultimately were unable to summit Island peak due to weather conditions (one of the greatest challenges of climbing) we did reach approximately 6,000m, the highest I had ever been. I was immensely satisfied with the climb. Though I have taken a mountaineering course previously and had the opportunity to climb many of the highest peaks in Washington State, I was new to the Himalayan Mountains. My guide taught me several new techniques to enhance safety while climbing and provided a safe, encouraging environment. I would highly recommend this guiding company, as they were reliable, timely, organized and above all fun!

– Natalie Vandeven, USA