



Trip: Namobuddha Day Hike

Url: <https://www.megaadventuresintl.com/trip/namobuddha-day-hike/>

## Overview

40 KM away from Kathmandu lies one of holiest pilgrimage site in the word for Buddhist. Legends say a young prince, Mahasattva, ( in some versions, reincarnation of Buddha himself) while walking in a forest with his brothers saw a tigress with 5 cubs she had just given birth to. The tigress was so hungry that she could barely move. Overcome with compassion, he began to feed the tigress and her cubs by cutting his flesh. Later when other brothers came searching for him, found only his bones and hairs. A stupa was built on top of these remains , now known as NAMO BUDDHA. A small shrine a few minutes' walk uphill from the stupa contains statues of the prince together with the tigress and her cubs. We will take you to this holy site to pay homage to the Great prince, Mahasattva.

### Highlights

- Typical village walk , local culture and lifestyle
- Tibetan Buddhist “Thrangu Tashi Yangtse Monastery”
- Lifestyle of Monks and Nuns in the monastery
- Panoramic mountains view and beautiful landscapes

**Arrival City** Kathmandu

**Departure City** Kathmandu

**Price Per Person**

\$80.00

**Duration** 1

days

**Difficulty** Easy-Medium

**Includes**

- Packed Lunch
- Guide for Hike
- Water 2 Liters each person
- Private Transportation both way

**Excludes**

- Personal Expenses
- Beverages like sodas and beers
- Light trekking shoes
- Water (2 liter minimum)
- Backpack
- Sunglass and hat
- Chocolates bars (for instant energy )
- Trekking pole
- Umbrella/Rain Jacket/Poncho

## Itinerary

- 7:00 am: Our guide will visit you in your hotel.
- 8:00 am: Departure from Hotel ( you have to take your breakfast at your hotel)
- 8:30 am : After driving 1 and half hour you will reach Batase danda. Guide will shortly introduce you about the trail and start to walk
- 11:30 am: You will reach the Namobuddha, spend around 1 and half hour around the monasteries

- 1:00 pm: Hiking down the hill , it will takes 2 to 3 hours to come all the way down via different villages
- 4:30 pm: You will back to your hotel and the trip end.

## Testimonials

### They were reliable, timely, organized and above all fun!

My experience with **Mega Adventures** could not have been any better! When I arrived in Kathmandu, I was warmly received by a member of the staff who, after dropping my bags off at the hotel, kindly led me around the city. After spending a few days exploring that wonderful city and meeting my climbing guide, we flew out to Lukla to begin our trek. Our goal was to summit Island Peak with a stop at Everest base camp along the way for acclimatization. Throughout the trek, my guide and porter were incredibly supportive and engaging and taught me so much about the region and culture. Although we ultimately were unable to summit Island peak due to weather conditions (one of the greatest challenges of climbing) we did reach approximately 6,000m, the highest I had ever been. I was immensely satisfied with the climb. Though I have taken a mountaineering course previously and had the opportunity to climb many of the highest peaks in Washington State, I was new to the Himalayan Mountains. My guide taught me several new techniques to enhance safety while climbing and provided a safe, encouraging environment. I would highly recommend this guiding company, as they were reliable, timely, organized and above all fun!

– Natalie Vandeven, USA