



Trip: Mera Peak Climbing

Url: <https://www.megaadventuresintl.com/trip/mera-peak-climbing/>

Overview

The summit of the Mera peak is the best view point of the high mountain range. View of Mt. Everest (8848m) and Mt. Lhotse(8501 m) to the north , Mt. Choyu (8201 m) , Mt. Manaslu(8163 m) and Mt. Amadamlam (6818 m) to the west, Mt. Kanchanjunga (8586 m) , Mt. Makalu (8463 m) to the east. The first ascent of Mera Peak was made by J.O.M. Roberts and SenTenzing on 20 May 1953, by the now standard route from the Mera La. By its regular route from Mera La, the ascent is technically uncomplicated; however after a heavy fall of snow or when the maze of crevasse is open, the way can be long and demanding.

Far above the most rewarding aspect of a trip to Mera Peak is chance to venture into little-visited and as yet unspoiled region of Nepal where the hillsides are still densely forested. We offer Island Peak Climbing services in two different way; full board services and climbing only services. For Island Peak full board services we run the expedition from Kathmandu – Island Peak – Kathmandu. Island Peak climbing only services aim to provide guide and necessary climbing equipment along with permit via Chhukung – Island Peak – Chhukung for those who want to trek them self and need climbing service assistance.

Arrival City Kathmandu

Departure City Kathmandu

Price Per Person

\$2,800.00

Duration 18

days

Trekking Days 11

days

Difficulty Easy-Medium

Max Elevation 6476m/ft

Primary Activities

Trekking, Climbing & Sightseeing

Best Season March, April, May, September, October & November

Trip Route

Lukla- Kharka Tang- Chhetra Thu- Tagnak- Khare- High Camp- Summit

Includes

- All necessary airport arrival departure as per the itinerary.
- Hotel in Kathmandu for 4 nights including breakfast.
- Transportation for, full day sightseeing in Kathmandu.
- Entry fee during sightseeing in Kathmandu.
- Professional English speaking tour guide and his/her salary.
- Flight fare from Kathmandu – Lukla- Kathmandu for members.
- Flight fare from Kathmandu- Lukla- Kathmandu for guides.
- Everest National Park entrance fees.
- Tea house trek including food and accommodation in Tents.
- Climbing Guide, porters and necessary staffs during the trek.
- Mera Peak climbing Permit fee.
- Food, Tents and Kitchen equipment for climbing period.
- Boiled water, tea and coffee.
- Group climbing equipment such as rope, ice screws, snow pickets, etc...
- Climbing Guide, his equipment allowance and salary.
- Additional porters for carrying climbing gears.
- Salary and Insurance for all Nepali staffs.

- Farewell dinner.
- Insurance for Nepali staffs.
- First aid kit.

Excludes

- Meals in Kathmandu (except welcome and farewell dinner).
- Entrance tickets during city tour.
- Beverages and alcoholic drinks on trek.
- Personal climbing equipment.
- All personal expenses.
- Personal medical and evacuation insurance.
- All other additional charges for additional services.

Itinerary

- Days 01: Arrival in Kathmandu
Mega Adventures representative will be at airport to pick up you to the Hotel. Short briefing at hotel. You will have welcome dinner in the evening.

- Days 02: Sightseeing and preparation day
In the morning after having breakfast we begin tour around Kathmandu with professional English speaking guide. During the day you will cover some of the historical and religious, world heritage sites;

Swoyambhunath –“the Self Existing One’. The oldest Buddhist stupa of Nepal situated in the small hill, from where you can see the nice view of Kathmandu valley. Historian believes that it is the oldest history of Kathmandu. No sooner you enter the periphery of Swoyambhunath you will see the monks, chanting religious words and monkeys chattering and hanging around the different temple and trees. It is also known as monkey temple, especially given by the tourist.

Bouddha nath Stupa: the ancient stupa of Boudhnath is one of the biggest Buddhist stupa of Nepal, situated in the northern part of Kathmandu valley, which is one of the trading routes of Nepal with Tibet in ancient time. Tibetan merchants used to take rest and offers praying in this place during their trading time. Later when Tibetan refugees enter Nepal in 1950s, most of them decided to stay around the same place. Even now most of the monk in Boudhanath is from Tibet. Around the stupa you can see some Buddhist painting school of traditional paints “Thanka”.

Pashupatinath Temple: Pashupatinath the national deity of Nepal is one of the most significant Hindu temples of Lord Shiva in the world, located on the banks of the Bagmati River in the eastern part of Kathmandu. The word Pashupatinath is derived from three Sanskrit words: “pashu” means organism, “pati” means protector, and “nath” means Lord. Hence in hindu mythology Pashupatinath means protector and Lord of all living things. The bank of Bagmati River is the cremation center of Hindu dead body. Where you can see the cremation process of Hindu people. Beside this you can see the color full sadhu ‘the holy devotee of Lord Shiva’ around the periphery of temple. After sightseeing, final preparation for trekking. Trekking guide will meet you and give the final instruction for next day.

- Day 03: Kathmandu- Lukla (2800m) – Chhutenga (3 474m)
Early in the morning flight to Lukla. It takes around half an hour flight to reach Tenzing and Hillary airport Lukla. Lukla is a small city in the lap of High Mountain. It is commence point of our trek. After having breakfast we start our trek to Chutanga. The trail goes straight from lukla up to 1 hour then slightly ascent up to Chutanga. We have to walk through the pristine of Rhododendron (National flower of Nepal) and pine. It takes around 3 hrs. From Lukal to Chutanga.

- Day 04: Chutanga – Kharktang (3 750m): 2 Hours
Continue walking through Rhododendron and Oak forest. The route is slightly ascent up to a small stream then we have to climb up around 1 and half hours to reach Kharktang.
- Day 05: Kharktang – Chhatra Thu (4 350m): 4-5 hours
Today our destination is Chhatra Thu. From Kharktang trail goes straight up about 1 and half hour up to Chhatrala. The view point of Chhatrala offers the nice and magnificent view of Mt. Cho Oyu (8201m) and others. After walking half an hour straight then then trial descent around 1 hour up to Chhatra Thu.
- Day 06: Chhatra Thu – Kote (3 600m): 5-6 hours
After having breakfast we have to walk straight around 1 hour on a rock way, on the way we can see the first view of Mera Peak. Then 2 hours descent in Oak and Jennifer forest. After having lunch in Thakthor then continue trek to kote. The trial goes up and down- up and down up to Kote.
- Day 07: Khothey- Thagnak (4 350m): 4 hours
Trial goes slightly up through the bank of InkhuKhola. On the way nice view of Mt. Charpate and Mera La. On the way we can see a Buddhist Gomba in the lap of big rock.
- Day 08: Acclimatization day in Thagnak.
Today is our rest day. After having breakfast we start hike towards the Mt. Charpate (Holy Mountain), we can see the nice view and outstanding view of Mera North. After hiking around 3 hours we will come back to t Thagnak.
- Day 09: Thagnak- Khare (4,900 m): 3-4 hours
Todays the trial slightly goes up around half an hour up to Dig Kharka, which offers breath-taking view of Mt. Charpate. The route continues slightly up towards Khare. There is small Sherpa village which offers nice accommodation in Khare which situated in sloppy land surface.
- Day 10: Khare- Mera Base Camp (5,300 m): 3-4 hours
Today we have quite short but tough trek. We have to climb up to Mera Glacier, and then we have to walk straight on ice around half an hour. On the way see the nice view of Mera peak. After descending around 100 m we will be at Mera Base camp.
- Day 11: Mera Peak Base Camp- High Camp (5,800 m): 3-4 hours
From Base camp we have to climb up towards High camp. The way was covered with ice. On the way we can see nice and spectacular view of Mt. Everest (8,848m), Mt. Choyu (8,201m), Mt. Lhotse (8,501m), Mt.Kanchanjunga and many more. High Camp is situated in the base of big rock, where we can fell quite warm, which offers nice view of sunshine and sunset.
- Day 12: High Camp- Mera Peak Summit (6,476 m) – Khare
Today is most valuable day. We wake up around 1 a.m., prepare the all climbing gear. After breakfast we start to climb up. Slowly and gradually we continue climbing. If the weather is favorable, we will be at Mera Peak central summit around 4-6 hours. Anyone can easily forget the tired when they were in summit. From the summit of Mera you can see the magnificent and breathtaking view of high mountain range like; Mt. Everest (8,848m) and Mt. Lhotse(8501 m) to the north , Mt. Choyu (8,201 m) and Mt. Amadabmlam (6,818 m) to the west, Mt. Kanchanjunga (8,586 m) , Mt. Makalu (8,463 m) to the east, Mt Nuptse (7,855m), Lobuche peak(6,145m) and many more. After spending around 25 minutes in summit then we start to descent down to Mera Peak High camp. Continue descending to Khare.
- Day 13: Khare – Kote
- Day 14: Khothey to Chhatra Thu
- Day 15: Chhatra Thu- Lukla

- Day 16: Lukla – Kathmandu
- Day 17: Rest day
- Day 18: Departure from Kathmandu

Testimonials

They were reliable, timely, organized and above all fun!

My experience with **Mega Adventures** could not have been any better! When I arrived in Kathmandu, I was warmly received by a member of the staff who, after dropping my bags off at the hotel, kindly led me around the city. After spending a few days exploring that wonderful city and meeting my climbing guide, we flew out to Lukla to begin our trek. Our goal was to summit Island Peak with a stop at Everest base camp along the way for acclimatization. Throughout the trek, my guide and porter were incredibly supportive and engaging and taught me so much about the region and culture. Although we ultimately were unable to summit Island peak due to weather conditions (one of the greatest challenges of climbing) we did reach approximately 6,000m, the highest I had ever been. I was immensely satisfied with the climb. Though I have taken a mountaineering course previously and had the opportunity to climb many of the highest peaks in Washington State, I was new to the Himalayan Mountains. My guide taught me several new techniques to enhance safety while climbing and provided a safe, encouraging environment. I would highly recommend this guiding company, as they were reliable, timely, organized and above all fun!

– Natalie Vandeven, USA