



Trip: Langtang Valley Trek

Url: <https://www.megaadventuresintl.com/trip/langtang-valley-trek/>

## Overview

This treks offer one of the best opportunity to explore the culturally rich Tamang village, different snow covered peak and visit glaciers comparatively in low elevation. The valley is patrolling by Mt. Langtang Lirung ( 7246 m) to the north, Gang Chhenpo (6388 m) and trekking peak Naya Kangri ( 5846 m) to the south and Dorge Lakpa ( 6966 m) to the east. To protect the flora and fauna, the valley was declared as National Park by Nepal government in 1976

### Highlights of the trek

- Visit world heritage site.
- Visiting Langtang village & Kyangjin Gumpa.
- Amazing view of mountain from top of the Kyangjin Ri, Ganesh Himal, Lang Sisa etc.
- Panoramic views of 10 peaks over 6000 m.

**Arrival City** Kathmandu

**Departure City** Kathmandu

**Price Per Person**

\$1,000.00

**Duration** 12

days

**Trekking Days** 7

days

**Difficulty** Easy-Medium

**Max Elevation** 4350m/14272ft

**Primary Activities**

Trekking

**Best Season** March, April, May, September, October & November.

**Trip Route**

Syabrubesi, Lama Hotel, Langtang Vallage, Kyanjin Gumpa

### Includes

- All necessary airport arrival departure as per the itinerary.
- Hotel in Kathmandu 3 nights in normal nice hotel in BB Plan – twin share basis  
City tour Transport, guide and entry permit.
- Private Transportation from Kathmandu – Syabru and back Kathmandu.
- Tea house trekking with Breakfast, Lunch, Dinner and accommodation.
- Water Purification liquid during trekking.
- Professional English speaking Trekking Guide and his/ her salary.
- Porter to carry the luggage and his salary.
- Trekking permit (TIMS).
- Langtang National park permits.
- First aid kit.
- Farewell dinner.
- Insurance for Nepali staffs.

### Excludes

- Lunch and dinner in Kathmandu.
- Beverages and alcoholic drinks.
- Emergency medical evacuation
- Tips for staffs.
- Personal expenses and extra services beyond itinerary.

## Itinerary

- Day 01: Arrival in Kathmandu and transfer to Hotel
- Day 02: Half day sightseeing and preparation day for trek.
- Day 03: Early in the morning drive from Kathmandu to Syabrubesi (1462 m)
- Day 04 : Trek from Syabrubesi to Lama Hotel (2500m)
- Day 05: Trek from lama hotel to Langtang village
- Day 06: Trek langtang Village to Kyanjin gompa and explore around
- Day 07: Trek back from Kyanjin Gompa to Lama Hotel (2500 m).
- Day 08 : Trek back from Lama Hotel to Syabrubesi (1462 m).
- Day 09: Drive back to Kathmandu
- Day 10: International Departure

## Testimonials

### Trekking in Nepal – Langtang and Annapurna sanctuary

Amazing experience in nature and trekking in Nepal with **Mega Adventures**, It was a pleasure to discover Nepal landscape and nature.

– Alexandre M, Grane, France

### Trekking in Nepal

My niece and I took a spectacular trek from Shyaphru Besi through the Langtang valley to Kyanjin Gumba. Although raining slightly on the two and a half trek up the weather cleared and the views were so spectacular that we decided to spend the entire week at Kyanjin Gumba. The people and the town were extremely friendly and helpful, informing us of many day hikes to the various pilgrimage and viewpoints through the area. The company that arranged our trek, **Mega Adventures**, provided us a guide, Lakpa Sherpa, and porter, Phinju Serpa. Since I am 64 years old, I seriously doubt I could have made the trek without the experienced help of Lakpa. He came to know both my strengths and weaknesses and was right beside me whenever I needed support.

Whenever any type of dangerous situation arose, landslides in the terrain, fallen trees, narrow spots, wet and slippery rocks, stream crossings, etc, Lakpa was right there to point out the dangers and encourage us to take the proper path and precautions. Both Lakpa and Phinju proved to be excellent bridge builders for stream crossings. On one occasion, as we tried to get off the trail before total darkness descended upon us, Lakpa positioned himself slightly behind me and held my pack, pointing out the proper foot placement as we walked over slippery rocks to the tea houses in the next village. I cannot recall how many times his quick grip prevented me from a serious fall and injury. The entire team from Mega Adventures was extremely flexible in allowing us to change our itinerary as the trip progressed based upon weather conditions and our interests in the locations we visited.

I was amazed at the loads that our porter, Phinju, was able to carry with speed, deft footing and good humor. His English was excellent and he stayed with us much of the trek, even thinking to put up barriers to keep the yaks out of our campsite and finding our forgotten items in the lodges by doing room checks when preparing our packs for the day's hike.

– HoleBrother, The Jewel of Western PA