

Trip: Kyajo Ri Peak Climbing Url: https://www.megaadventuresintl.com/trip/kyajo-ri-peak-climbing/

# **Overview**

Arrival City Kathmandu Departure City Kathmandu **Price Per Person** \$1,650.00 Duration 16 davs Trekking Days 10 days **Difficulty** Easy-Medium Max Elevation 6186m/20295ft **Primary Activities** Trekking, Climbing & Sightseeing Best Season March, April, May, September, October & November Means of Transport Car/Haice/Flight Trip Route Lukla- Namche- Thame- Kyojo Ri Base Camp- High Camp- Summit

#### Includes

- All necessary airport arrival departure as per the itinerary.
- Hotel in Kathmandu for 4 nights including breakfast.
- Transportation for, full day sightseeing in Kathmandu.
- Entry fee during sightseeing in Kathmandu.
- Professional English speaking tour guide and his/her salary.
- Flight fare from Kathmandu Lukla- Kathmandu for members.
- Flight fare from Kathmandu- Lukla- Kathmandu for guides.
- Everest National Park entrance fees.
- Tea house trek including food and accommodation in Tents.
- Climbing Guide, porters and necessary staffs during the trek.
- Kyojo Ri Peak climbing Permit fee.
- Food, Tents and Kitchen equipment for climbing period.
- Boiled water, tea and coffee.
- Group climbing equipment such as rope, ice screws, snow pickets, etc...
- Climbing Guide, his equipment allowance and salary.
- Additional porters for carrying climbing gears.
- Salary and Insurance for all Nepali staffs.
- Farewell dinner.
- Insurance for Nepali staffs.
- First aid kit.

#### Excludes

- Meals in Kathmandu (except welcome and farewell dinner).
- Entrance tickets during city tour.
- Beverages and alcoholic drinks on trek.
- Personal climbing equipment.
- All personal expenses.
- Personal medical and evacuation insurance.
- All other additional charges for additional services.

## Itinerary

• Day 01: Arrival in Kathmandu. MAI representative will pick up you in the airport and transfer to the hotel. In the evening welcome

dinner.

• Day 02: Sightseeing and preparation day. In the morning after having breakfast we begin tour around Kathmandu with professional English

speaking guide. During the day you will cover some of the historical and religious, world heritage sites;

Swoyambhunath - "the Self Existing One'. The oldest Buddhist stupa of Nepal situated in the small hill,

from where you can see the nice view of Kathmandu valley. Historian believes that it is the oldest

history of Kathmandu. No sooner you enter the periphery of Swoyambhunath you will see the monks,

chanting religious words and monkeys chattering and hanging around the different temple and trees. It

is also known as monkey temple, especially given by the tourist.

**Bouddha nath Stupa:** the ancient stupa of Boudhnath is one of the biggest Buddhist stupa of Nepal,

situated in the northern part of Kathmandu valley, which is one of the trading routes of Nepal with Tibet

in ancient time. Tibetan merchants used to take rest and offers praying in this place during their trading

time. Later when Tibetan refugees enter Nepal in 1950s, most of them decided to stay around the same

place. Even now most of the monk in Boudhanath is from Tibet. Around the stupa you can see some

Buddhist painting school of traditional paints "Thanka".

**Pashupatinath Temple:** Pashupatinath the national deity of Nepal is one of the most significant Hindu

temples of Lord Shiva in the world, located on the banks of the Bagmati River in the eastern part of

Kathmandu. The word Pashupatinath is derived from three Sanskrit words: "pashu" means organism,

"pati" means protector, and "nath" means Lord. Hence in hindu mythology Pashupatinath means

protector and Lord of all living things. The bank of Bagmati River is the cremation centre of Hindu dead

body. Where you can see the cremation process of hindu people. Beside this you can see

the color full sadhu 'the holy devotee of Lord Shiva' around the periphery of temple. After sightseeing, final preparation for trekking. Trekking guide will meet you and give the final instruction for next day. • Day 03: Fly to Lukla (2840m/9448ft) and Trek to Phakding (2610m/8562ft) Early in the morning transfer to domestic airport and fly to Lukla. You will visit other team members in Lukla (porters) and start trek to Phakding • Day 04: Trek to Namche (3440m/ 11286ft) - 6 hours walking. After Breakfast start trek to Namche. Cross different suspension bridge, lodges, villages and different mani walls on the. Take your lunch at Monjo. List your entry in National park check point and continue walking to Namche. Before reaching Namche, It is Zigzagging ascent through the pine forest. Never rush while going up in every step you is gaining the height, so there is a risk of altitude sickness. Climb slowly and drink enough water. • Day 05: Namche – Acclimatization day- Hike to Khumjung (3780m/12401ft) and back down to Namche. This specific day help you adjust with the local climate. Hiking up to Khumjung and coming down back to Namche will help you to adjust thin air and is helpful to avoid altitude sickness. Visit Namche Musum, climb up to Everst view Lodge via syanboche airport. You will see magnificent view of Mt. Amadablam, Mt. Everest, Mt, Lhotse and many more mountains. Slightly descend down to Khumjug valley and visit Sir Edmund Hillary's school and hospital at Khumjung and walk down to Namche. • Day 06: Namche Bazaar to Mende via Thame (3736 m/12,255 ft.) After Breakfast start trek to Mende (3736 m/12,255 ft.). The trail follows an almost steady level until we reach the settlement of Thame, a beautiful village with amazing views of the Himalayas. From Thame to upward slope short trek to Mende. • Day 07: Mende to Kyajo Ri Base Camp (4550m/14925 ft.) Today our trek duration is 5 to 6 hours, on the way we enjoy great views of the Himalayas including

Thamserku, Khumbila, Kusum Kangaru, Kwangde and Pachharmo Peak.

• Day 08: Acclimatization day at Kyajo Ri Base Camp Today is your acclimatize day as like Namche. We will be hiking to Camp I and back and back to base

camp. After short hiking, final preparation for Kyajo Ri peak summit

- Day 09: Kyajo Ri Base Camp to High Camp (5200m/17056 ft.).
- Day 10: Summit (5700m) Kyajo Ri Peak and Back to High Camp
- Day 11: Trek back to Base Camp
- Day 12: Trek back to Namche Bazaar from Base Camp
- Day 13: Trek to Lukla: Lunch @ Phakding
- Days 14: Fly to Kathmandu 30 minutes flight Today we leave Lukla and fly to Kathmandu. Our staff will be at airport to pick up you to the hotel.
- Days 15: Kathmandu rest day/ Buffer day in case of Bad weather It is our rest day in Kathmandu. You can walk around Thamel in the early evening. It is the main tourist

attraction where you can have various options to buy. It seems restful to walk around Thamel. We will

have farewell dinner at Typical Nepali restaurant.

• Days 16: Departure form Kathmandu Final Departure to your country. Our staff will be at hotel to help you to the airport and give you Khada,

for good luck

## Testimonials

### They were reliable, timely, organized and above all fun!

My experience with **Mega Adventures** could not have been any better! When I arrived in Kathmandu, I was warmly received by a member of the staff who, after dropping my bags off at the hotel, kindly led me around the city. After spending a few days exploring that wonderful city and meeting my climbing guide, we flew out to Lukla to begin our trek. Our goal was to summit Island Peak with a stop at Everest base camp along the way for acclimatization. Throughout the trek, my guide and porter were incredibly supportive and engaging and taught me so much about the region and culture. Although we ultimately were unable to summit Island peak due to weather conditions (one of the greatest challenges of climbing) we did reach approximately 6,000m, the highest I had ever been. I was immensely satisfied with the climb. Though I have taken a mountaineering course previously and had the opportunity to climb many of the highest peaks in Washington State, I was new to the Himalayan Mountains. My guide taught me several new techniques to enhance safety while climbing and provided a safe, encouraging environment. I would highly recommend this guiding company, as they were reliable, timely, organized and above all fun!

– Natalie Vandeven, USA