

### **Overview**

Starting from Greenery hilly region crossing different rivers, stream, waterfalls, fertile agricultural land, different indigenous community, massif forest offering the natural music of different chirping birds, colorful dancing butterfly, trail of Annapurna Circuit Trekking slowly and gradually leads you up to the smiling high silver mountains to world's biggest pass, Thorong La (5,416 m) to completely desert and naked hills of Mustang, where you can easily feel as if you are in Tibet.

Annapurna Region offers the varieties of popular trekking route including Annapurna Circuit Trekking. Most of the route goes through semi-circular way, where necessarily one should not come to the same point at end, from where it starts.

#### Highlights of the trek:

- Massif Annapurna Mountains range with some of the world highest Mountains,
- Mt.Dhaulagiri (8160), Mt. Manalsu (8,156 m) Mt. Annapurna (8,091 m).
- Huge and colourful Rhododendron forest.
- Word highest Throng la pass (5,416 m).
- Famous and typical Temple of Muktinath, where at ones Hindu and Buddhist pray.
- Mesmerizing beautiful and greenery Landscape.
- Biggest Gorges and holy fossils of Kaligandaki River,
- Unique and rich culture of different indigenous group such as Magar, Gurung and Thakali.

Arrival City Kathmandu Departure City Kathmandu **Price Per Person** \$1,350.00 Duration 16 days Trekking Days 13 days **Difficulty** Medium-Hard Max Elevation 5416m/17769ft **Primary Activities** Trekking Best Season March, April, May, September, October & November Trip Route Kathmandu, Besi Shahar, Chame, Manang, Throng la pass, Jomsom, tatopani, Sikha, Ghorepani, Tadapani , Pokhara , Kathmandu

#### Includes

- Airport arrival departure and all necessary land transfer as per the itinerary.
- Normal nice hotel accommodation in Kathmandu 3 nights twin share basis in BB Plan.
- Guide, Transportation and entry permit during the city tour in kathmandu .
- Tea house trekking with Breakfast, Lunch, Dinner and accommodation.
- Water purification liquid during the trekking time .
- 1 night hotel in Pokhara in normal nice hotel in BB Plan.
- Professional English speaking Trekking Guide and his/ her salary.
- Porter to carry the luggage and his salary.

- Trekking permit.
- Annapurna Conservation area Project (ACAP) permits.
- First aid kit.
- Insurance for guide and porters.

#### Excludes

- Lunch and dinner in Kathmandu and Pokhara.
- Beverages and alcoholic drinks.
- Emergency medical evacuation.
- Tips for staffs .
- Personal expenses and extra services beyond itinerary.

### Itinerary

- Day 01: Arrival in Kathmandu and transfer to hotel.
- $\bullet$  Day 02: City tour and preparation day for trekking.
- Day 03: Drive from Kathmandu to Besi Shahar (760m) 5 to 6 hrs drive.
- Day 04: Drive to Syange (2 hrs drive) and trek to Chamje (1,430m) 4 hrs walking.
- Day 05: Trek Chamje to Dhararpani (1,860m) 5 to 6 hrs walking
- Day 06: Trek Dharapani to Chame (2,670m). 6 hrs walking.
- Day 07 Trek Chame to Pisang (3,200m). 5 to 6 hrs walking.
- Day 08: Trek Pisang to Manang (3,540m) 5 hrs walking.
- Day 09: Rest in Manang for acclimatization- Hiking around Manang
- Day 10: Trek Manang to Yak Kharka (4,018m). Around 5 hrs walking
- Day 11: Trek Yak kharka to Throung Phedi (4,450m) Walking around 6 hrs
- Day 12: Thorung Phedi Cross Throng la pass (5,416m) and trek to Muktinath. Around 8 hrs walking.
- Day 13: Trek to Jomsom ( 2,720 m) 3 hours
- Day 14 : Fly to Pokhara (820 m)
- Day 15: Drive back to Kathmandu
- Day 16: Departure

# Testimonials

### Amazing guided Annapurna circuit trek

**Mega Adventures** did a great job with organizing and helping me with everything I needed to do the Annapurna Circuit trek. Ganesh and his colleagues are very professional, helpful and has a great overview of all the treks. My guide Ngima was very friendly and pleasant to be on a trek with. Ganesh followed up and kept in touch with both me and my guide during the whole trek to make sure that everything was okay. It was excellent service!

I would definitely recommend everyone to book a tailored tour with Mega Adventures for everyone, either you're traveling as a solo girl or in a big group.

Thank you for an amazing experience Mega Adventures!

– Nada B, Norway

## Essential preparation for amazing trek !!!

I visited Nepal with a friend in January to trek the Annapurna Circuit, we knew of Mega

Adventures through some other friends who had trekked Everest Base Camp in April 2014. We met with Dinesh from **Mega Adventures** who took us around Thamel for the day organizing gear, permits and other essentials. This was invaluable as we were unsure of exactly what we needed, where we should get it from and how much we should pay, **Mega** certainly made this all a breeze. We were also stoked as Dinesh offered to be our local contact in civilization while we were on the trek, which was important seeing it was the middle of winter, we were trekking unguided, and the trail can get very dangerous. In the end we safely managed to cross Throng La Pass and were only the 2nd group of the year to do so due to higher than average snowfall. This wouldn't have been possible without **Mega Adventures International**, they know their stuff and provide a great and friendly service! Cheers!

– anemone101, Wellington, New Zealand